



COVID-19 UPDATE

COVID-19 INFORMATION

As the COVID-19 pandemic continues to affect our community, information about how it is being addressed locally can be found online at laclabichedcounty.com.

Residents can find details about changes to County services, community and local business information, self-care tips and more. Click on "COVID-19 Information and Resources" under the tab marked "Our Services."

We understand this situation is challenging for community members. Although County offices and recreation facilities are closed to the public, we continue to provide essential services to our residents and we can still be contacted during regular business hours by calling (780) 623-1747 or emailing main.office@laclabichedcounty.com.

Local emergency alerting system coming soon

Every second counts in an emergency situation. That's why Lac La Biche County is implementing a local emergency alerting system, so we can directly inform residents about wildfires, floods and other situations that may affect them.

We are expecting this system to be up and running later this month or in early June.

How it works:

1. Residents will be able to sign up to receive notifications through our alerting system. Visit laclabichedcounty.com or call (780) 623-6767, or keep an eye on our Facebook page (@laclabichedcounty), for details and updates.
2. When you register, you can choose which types of notifications you want to receive. Subscribing to emergency notifications is automatic, but you can also subscribe to optional notifications like unplanned facility closures, utility service interruptions, and more.
3. There may be times when non-emergency situations, depending on their scope, may be treated as emergencies. For example, a serious water main break that is affecting a large number of residents may be considered an emergency, in which case

residents who do not normally receive notifications about utility service interruptions may be notified anyway.

4. When we have a situation that we need to communicate using the alerting system, we can choose the area that alert messages will apply to, and then registered residents in that area will receive notifications. Depending on the situation, an alert can be issued to all of Lac La Biche County or just to specific neighbourhoods and subdivisions. This way, we can direct messages only to those who are affected or who need to know.
5. You can choose how you want to receive notifications - by text message, voice call, email, or all three. Note: In severe or life-threatening emergency situations, when time is of the essence, you may receive a voice call even if you did not sign up for voice calls.

Note: The alerting system includes Whitepages listings that are current as of two years ago. This means that, in the event of a severe or life-threatening emergency, you may receive a voice call from our alerting system on your landline telephone, even if you do not sign up for any notifications. This is done so we can ensure we reach everyone who may be affected by a dangerous situation.

Continues on page 3.

NEW!

What Goes Where?

Your guide to disposing of waste and recyclables in Lac La Biche County. Call (780) 623-6739 or email green@lACLAbichecounty.com if you have questions about any of what you see here.

↓ CURBSIDE PICKUP PROGRAM ↓

Recycling (BLUE CONTAINER)

PLASTIC

- Household bottles and containers (e.g. shampoo, margarine, yogurt, clamshell packaging), must be rinsed; labels are okay
- Stretchy plastic bags, combine into one bag and tie closed



HOUSEHOLD METAL

- Cans (must be rinsed with labels removed) and lids
- Aluminum trays



PAPER & CARDBOARD

- Newsprint and paper (not shredded)
- Magazines and paperback books
- Gift wrap (non-metallic)
- Cardboard boxes (flattened), and box board (cereal boxes, etc.)
- Cardboard egg cartons*
- Pizza boxes with food and paper liner removed* (**pizza boxes and egg cartons are not accepted at landfills and transfer stations - curbside only.*)



REDEEMABLE ITEMS

The following can also be redeemed for deposit at the recycling depot:

- Milk jugs and cartons
- Tetra-paks (juice boxes)
- Pop/beverage bottles, both glass and plastic
- Pop/beverage cans



What about STYROFOAM?



Some types of Styrofoam can be recycled at Lac La Biche County landfills and transfer stations. See the far right column for details.

Currently, Styrofoam can't be recycled through the curbside pickup program.

Can't recycle it here?

Check the [landfill/transfer station recycling column](#) for specialty recycling programs.

Waste (BROWN CONTAINER)

NON-RECYCLABLE PLASTIC

- Any recyclables contaminated with food (e.g. plastic wrap, etc.)
- CDs, cassettes with tape removed
- Chip bags and candy wrappers
- Coffee pods and K-cups
- Plastic plates and cutlery



NON-RECYCLABLE HOUSEHOLD METAL

- Aluminum foil



NON-RECYCLABLE PAPER AND CARDBOARD

- Soiled paper or cardboard (take-out containers, etc.)
- Tissue, paper towels, laminated paper items
- Pet food bags, flour bags, etc.
- Paper cups (coffee, soda, etc.)



FOOD WASTE

- Table scraps, spoiled food, cooking oil/grease (cooled)
- Meat remains/bones/shells (wrapped in newspaper; no carcasses)



NON-RECYCLABLE STYROFOAM

Check the Landfill & Transfer Station column for what is recyclable.

LEAF AND YARD WASTE*

*must be bagged

GLASS AND CERAMICS

- Plate glass, mirrors, broken glass (wrapped in paper), food jars
- Incandescent light bulbs



ORGANICS

- Pet feces/cat litter (bagged)
- Cigarette/wood ashes (cold and bagged)



HOUSEKEEPING

- Bathroom waste
- Filters (air, furnace, water, vacuum)
- Vacuum bags and floor sweepings



All items in this column can also be brought to landfills and transfer stations.



Landfills & TRANSFER STATIONS

RECYCLING OPTIONS

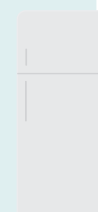
PLASTIC

- Plastics from the Recycling (Blue Container) column
- Agricultural twine (unknotted in a clear plastic bag, tied closed)



MIXED PAPER AND CARDBOARD

- Paper and cardboard items from the Recycle (Blue Container) column
- Shredded paper (must be in clear plastic bag)



APPLIANCES AND METAL

- Household metals from the Recycle (Blue Container) column
- BBQs, lawnmowers, tools, refrigerators, etc.
- Fire extinguishers and propane tanks (emptied and vented)

CEMENT, ASPHALT, SOIL, GRAVEL (landfills only – call prior to disposal)

AUTOMOTIVE AND MOTORIZED

- Tires (no tracks)
- Car parts or ATVs must have batteries and fluids removed



WOOD (no nails)

- Wood chips, stumps, brush, pallets
- Keep painted or treated wood items separate

LIGHTING

- Fluorescent tubes/ballasts, compact fluorescents, halogens, etc.



PAINTS, STAINS AND FINISHES

ELECTRONICS

- Anything with a cord or battery (including cellphones)
- Ink cartridges



BATTERIES

- Any kind, but lithium batteries must be kept separate and 9V batteries must have ends taped for safety.

OIL PRODUCTS (no cooking oil / oil recycling stations now found at all landfills and transfer stations)

- Lubricating oil, free of contaminants
- Oil filters and containers

PESTICIDES AND FERTILIZERS

- Triple rinse containers, remove caps

GLYCOL AND ANTIFREEZE

STYROFOAM

- Only clean, white #6 Styrofoam
- Must be rigid, not flexible
- No packing peanuts or food containers



For more information about waste and recycling management programs, call (780) 623-6739 or email green@lACLAbichecounty.com.

Bold Center offering free online fitness classes

We miss all of our recreation facility patrons and program participants, and we have a way to help you stay active in the comfort of your own home. The Bold Center now offers free virtual fitness classes using Zoom.

Visit the Bold Center's Facebook page (@boldcenter) for details about the classes we're offering. To register for a class, email fitness@laclabichedcounty.com or call (780) 623-3829 to sign up and receive the Zoom link. A completed Par-Q+ and waiver form are required. Most classes require little to no equipment, while others are specialties like TRX and Spin.

Local emergency alerting system coming soon continued.

System test

As part of implementing the alerting system, a test is required to ensure it's working correctly.

When the test happens, all of the phone numbers in the system's Whitepages listings will be called with a recorded message. The message will tell residents who receive this call about the alerting system, and invite them to fully register.

Why is the County doing this?

Many other municipalities are using local emergency alerting systems to communicate with their residents. In addition to using social media and our website, this system will allow us to reach residents throughout the County, at any time. The system won't replace our usual emergency procedures, but it will help us ensure the highest possible number of people are contacted and know what to do when an emergency happens in their area.

It's optional to subscribe to notifications about unplanned facility closures, major utility service interruptions, significant local road or highway closures, public health advisories and drinking water notices, and fire bans and fire-related restrictions. These types of situations, though normally not emergencies, can still impact our residents' quality of life and wellbeing.

We understand that introducing this system is a new direction for us, and residents may have questions about what this means for them. Please visit laclabichedcounty.com for more information about our local emergency alerting system.



Stay connected with virtual FCSS programming

Distancing doesn't mean disconnecting. Lac La Biche County Family & Community Support Services now provides free virtual programming with videos and Facebook Live. Like and follow @llbcountyFCSS and @llbparent. link on Facebook for updates and to join the sessions below.

Intention of the Week

Mondays at 9 a.m.

Tell us how you're practicing positive values and positive attitudes in these challenging times for a chance to win weekly prizes.

Coffee & Conversation

Tuesdays and Thursdays at 10:30 a.m.

Join us for a discussion about parenting challenges and strategies during a pandemic. Tuesday sessions focus on families with babies and young children, and Thursday sessions focus on families with teenagers or youth.

Yoga At Home

Tuesdays at 3 p.m.

Add gentle exercises and mindfulness to your routine. An instructor leads a virtual yoga class in real time.

Crafternoon At Home

Wednesdays at 10:30 a.m.

Learn how to do a fun craft with your kids and keep those creative juices flowing.

Friday With Friends

Fridays at 10:30 a.m.

A different fun topic every week to keep you and your young ones learning and entertained.



How to pay your bills while County facilities are closed to the public

There are options for payments by credit card, mail and drop-box, as well as online payments and payments through financial institutions.

Utility payments can be deferred, as per guidelines provided by the Government of Alberta. Residents and businesses must call us at the number below to register for the deferral program.

If you have questions or need assistance, please call (780) 623-1747 or email main.office@laclabichcounty.com.

Your County in Touch is produced by Lac La Biche County and is available to every resident.

An electronic version of this newsletter is available. All you need to do is call (780) 623-1747 or provide your e-mail address to intouch@laclabichcounty.com.

Use the same contact information for any address changes, additional copies or to unsubscribe.



Spending time outdoors the responsible way

At the time of this newsletter's printing, outdoor parks, playgrounds and walking trails that are owned and operated by the County remain open for public use. We ask that all community members do their part to protect themselves and others by taking extra precautions to play safe in these outdoor spaces:

1. Wash or sanitize your hands frequently when using common spaces, limit touch points with surfaces where possible, avoid touching your face, and wash your hands thoroughly when you get home.
2. Stay home if you or your family members are not feeling well or are showing any symptoms of COVID-19.
3. Maintain groups of 15 or fewer and keep a distance of at least two metres between you and people you don't live with, at all times. If outdoor spaces are crowded, come back later or play elsewhere.

Spending time outside is a great way to stay active and boost mental health, but we all need to take steps to keep our community safe.

Environment Week going digital

Environment Week takes place from May 31-June 6, 2020, a time to think about and improve our relationships with the land, air and water, even when many of us are staying at home as much as possible.

Join us online for a free composting workshop on Thursday, June 4 from 6-7 p.m. using Zoom. Learn the basics of backyard composting with our free Community Organics Recycling Enhancement (CORE) program. Participants will be able to make arrangements to receive all necessary supplies to start composting on their own. Composting is a great way to turn organic waste like food scraps into nutrient-rich fertilizer. Space is limited so registration is required. Please call (780) 623-6739 or email green@laclabichcounty.com to sign up and receive the Zoom link.

Keep an eye on our website and Facebook page (@laclabichcounty) for more Environment Week activities for the whole family.